

Priv.-Doz. Dr. Regine Klinger

Department of Anaesthesiology
Pain Medicine and Pain Psychology
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Head Psychologist
Section Pain Medicine and Pain Psychology,
Head of study group "Pain research"

Children: One (*1999)

University education

1980-1986 Diploma in Psychology, University of Trier, Germany
1995 PhD, Department of Psychology, University of Hamburg, Germany

Scientific degrees

2012 Habilitation and venia legendi "Clinical Psychology and Psychotherapy", Faculty of Psychology, Department of Psychology, University of Hamburg, Germany
2018 Shift-Habilitation and venia legendi "Medical Psychology", Faculty of Medicine, University of Hamburg, Hamburg, Germany (Priv.-Doz.)

Professional experience

1986-1993 Scientific employee, pain outpatient clinic, University of Lübeck, Germany
1987-1992 Advanced education in clinical psychology, behavioral therapy
1987-1992 Advanced education psychological pain therapist
1987-1995 Predoctoral training, Clinical Psychology, University of Hamburg, Germany
1992 Board Qualification Psychological Psychotherapist
1994-1998 Head of the Department of Pain Therapy, Psychosomatic Medical Clinic Bad Bramstedt, Germany
1998 Assistant professor, University of Hamburg, Germany
2000-2005 Organization of the psychotherapeutic outpatient clinic, behavioral therapy, Department of Psychology, University of Hamburg, Germany
2005-2015 Head of psychotherapeutic outpatient clinic, behavioral therapy, Department of Psychology, University of Hamburg, Germany
2015-present Head Psychologist, Department of Anaesthesiology, Section Pain Medicine and Pain Psychology, University Medical Center Hamburg-Eppendorf, Germany

Awards and Honors

- 2007 Award for Pain Research by the German Pain Society for the paper "Classical conditioning and expectancy in placebo hypoalgesia: A randomized controlled study in patients with atopic dermatitis and persons with healthy skin"
- 2013-2016 President of the „Deutsche Gesellschaft für Psychologische Schmerztherapie und -forschung DGPSF“ (www.dgpsf.de)
Vice president of the „Deutsche Schmerzgesellschaft e.V.“, German Section IASP (www.dgss.de)
- 2014-present Delegate in the AWMF (German association of scientific societies for treatment guidelines)
Delegate in the treatment guidelines acute and perioperative pain management
- 2015-present Delegate in the National Treatment Guidelines Back Pain

10 selected publications

- Schmitz J, Müller M, Stork J, Eichler I, Zöllner C, Flor H, **Klinger R** (2019) Positive Treatment Expectancies Reduce Clinical Pain and Perceived Limitations in Movement Ability Despite Increased Experimental Pain: A Randomized Controlled Trial on Sham Opioid Infusion in Patients with Chronic Back Pain. *Psychotherapy and Psychosomatics*, DOI: 10.1159/000501385.
- Klinger R**, Kothe R, Schmitz J, Kamping S, Flor H (2017) Placebo effects of a sham opioid solution: a randomized controlled study in patients with chronic low back pain. *Pain*. 158(10): 1893-1902.
- Klinger R**, Blasini M, Schmitz J, Colloca L (2017) Nocebo effects in clinical studies: hints for pain therapy. *Pain Reports*. 2(2): e586.
- Klinger R**, Colloca L, Bingel U, Flor H (2014) Placebo analgesia: Clinical applications. *Pain*. 155: 1055-1058.
- Colloca L, **Klinger R**, Flor H, Bingel U (2013) Placebo analgesia: Psychological and neurobiological mechanisms. *Pain*. 154: 511–514.
- Christiansen S, Oettingen G, Dahme B, **Klinger R** (2010) A short goal-pursuit-intervention to improve physical capacity: A randomized clinical trial in chronic back pain patients. *Pain*. 149: 444–452.
- Klinger R**, Matter N, Kothe R, Dahme B, Hofmann U, Krug F (2010) Unconditioned and conditioned muscular responses in patients with chronic back pain and chronic tension-type headaches and in healthy controls. *Pain*. 150: 66–74.
- Eippert F, Bingel U, Schoell ED, Yacubian J, **Klinger R**, Lorenz J, Büchel C (2009) Activation of the opioidergic descending pain control system underlies placebo analgesia. *Neuron*. 63: 533-543.
- Kothe R, Kohlmann T, Klink T, Rütger W, **Klinger R** (2007) Impact of low back pain on functional limitations, depressed mood and quality of life in patients with rheumatoid arthritis. *Pain*. 127: 103–108.
- Klinger R**, Soost S, Flor H, Worm M (2007) Classical conditioning and expectancy in placebo hypoalgesia: A randomized controlled study in patients with atopic dermatitis and persons with healthy skin. *Pain*. 128: 31-39.